

Moving Out Moving On

Supporting women who are experiencing domestic and family violence and/or homelessness.

INNER SYDNEY



Being safe is no simple or single decision or task.
We are here to support you.

Open during and beyond COVID-19

About MOMO

Moving Out Moving On (MOMO) provides outreach support to women with or without children in the inner city of Sydney, who are escaping from or experiencing Domestic and Family Violence or are homeless or at risk of homelessness.

MOMO provides services through outreach, meeting with women in flexible locations across the community. The MOMO team are located at the following services regularly each week:

- **Surry Hills Neighbourhood Centre**
- **Newtown Neighbourhood Centre**
- **Housing NSW City Office – Strawberry Hills**
- **Redfern Community Centre.**

In line with current COVID-19 social distancing guidelines, our Case Management support will be by phone, email and web technology only until further notice.

Who can access MOMO?

The service prioritises work with;



- Women impacted by Domestic and Family Violence
- Aboriginal and Torres Strait Islander women impacted by Domestic and Family Violence
- Women from culturally and linguistically diverse backgrounds impacted by Domestic and Family Violence.

How can MOMO help?

MOMO provides personalised case management support for women (and their accompanying children) who are experiencing domestic and family violence or homelessness, or at risk of homelessness.

Every individual's support needs are different.

Below are just a few of the ways that the MOMO team have provided support to people:

- Supported women to navigate and understand the different housing options available
- Assisted with the completion of documentation for access to financial support or housing assistance
- Provided information and referrals regarding Apprehended Domestic Violence Orders (ADVOs) and Family Law matters as well as court support. MOMO is unable to provide legal advice, however, does refer individuals to organisations that can.
- Supported access to services that women have stated they needed including counselling, financial counselling or advocacy, health services, parenting support, employment and education
- Purchase of necessary items to support children educational needs including school uniforms
- Advocacy and assistance to connect to other supports or community if relocating outside of the inner city.



MOMO understands that being safe is no simple or single decision or task. Our approach is person-centred, meaning we work in partnership with you to facilitate connections to the supports you need.

We are respectful of, and responsive to, the preferences, needs, and values of the people we work with.



Contact MOMO

You can contact Moving Out Moving On (MOMO) directly, without a referral:

Tel 02 9251 2405

(select option 1)

(Mon-Fri between

8:30am and 5pm)

or use the [Contact Us page](#)

on www.dvnsdsm.org.au

MOMO accepts formal referrals from other organisations

(Mon-Fri between 8:30am and 5pm)

Is MOMO still operating during the COVID-19 (coronavirus) pandemic?

Yes. All DVSM services are open and still available to provide case management support. In the interim, our Case Management support will be by phone, email and web technology only until further notice.

What if I can't get through on the MOMO phone number?

If our staff are busy, please leave your name and contact number on the voicemail. If we receive a message from you, we will return your call without announcing where we are calling from should anyone else answer your phone. If there are better times to call you back, please let us know.

What will happen when I call MOMO?

When you call, our staff will ask several questions to check we are able to assist you and to obtain information we are required by our funders to record, for example, your name, address, country of birth, preferred language, Aboriginal identification, and details of children. We will then work with you to identify the issues you are facing and your immediate and short-term goals.

Do you work with people who are in Australia on visas?

Yes, we work with all people on all visa conditions, including temporary protection visas.

Do you provide accommodation?

MOMO does not directly provide accommodation, however as part of our core response we always assist people to find suitable accommodation. During the COVID-19 pandemic MOMO is working to support people into accommodation with no or minimal shared living arrangements.

About DVSM

Domestic Violence Service Management (DVSM) is a registered charity which provides support for people escaping or experiencing domestic and family violence (DFV) and homelessness and works to prevent DFV.

DVSM provides support services in an urban context (Inner Sydney), in a suburban context (Western Sydney) and in remote rural NSW (Wilcannia) and also supports organisations and communities across Australia to improve social, system and service responses to DFV.

Our Vision is a world where women, families and communities live free from violence, have equal rights, opportunities and the freedom to reach their potential.

We welcome all people. We respect and work with people according to their lived and expressed gender identity.

MOMO is funded by the Department of Communities and Justice, NSW

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Read more about DVSM on our website. Find out what you can expect by reading the MOMO [Welcome Book](#)

www.dvnsdsm.org.au